

BULLDOG AQUATICS CLUB



MEET ENTRY CHECKLIST

No changes can be made once the team's entries have been submitted to the host team

DRD "FREEZE OR FRY" LONG COURSE MEET (ABC Meet)

Hosted by DEARBORN DOLPHINS SWIM CLUB

June 18, 19, 20, 2010

The entry deadline for Bulldogs is May 20, 2010.

The meet payment deadline is: May 27, 2010

- Logon to www.DirectAthletics.com and enter the events you want your swimmer(s) to swim.
- Questions can be sent to BACMeetEntry@Bulldogaquaticclub.com
- Write a check made payable to BAC and have your swimmer put the check in the plastic envelope marked Meet Payments (located near the folders on deck) within 10 days of the meet entry deadline to avoid a late fee.
- Relays: If your swimmer participates in a relay you are responsible for ¼ of the relay entry fee. Please email Greg at gregphill@bulldogaquaticclub.com if your swimmer is interested in a relay. Include your swimmer's name and the relay event numbers you would like to enter. Also indicate the swim group (puppies, jr. dogs, etc.). If your swimmer is chosen to swim on a relay and participates you will be sent an email a few days AFTER the meet with the amount you owe.
- Confirm your entry. An email will be sent out when the psych sheet is available. It is YOUR responsibility to check for accuracy and omissions in meet event #'s and times. All corrections must be done by YOU using the on-line entry system by the stated deadline (in the email announcement).

A complete copy of the BAC Meet Entry procedures is available via a link that is on the meet entry & info page.

Entry Fees & Limits **\$4.00** per individual event. **\$12.00** per relay team. **\$1.00 Michigan Swimming surcharge**
Swimmers are limited to 4 individual events per day plus relays

Location: Jack Dunworth Memorial Pool, Levagood Park
801 North Denwood, Dearborn, MI 48128
Four blocks west of Telegraph Rd. (US 24), between Cherry Hill and Ford Rds.
Map on Dearborn Dolphins Website (www.swimdrd.com)

| | | | | |
|---------------|------------------|---------|------------|----------------|
| Times: | Friday June 19 | WARM-UP | 9:30 AM | START 10:15 AM |
| | Friday June 19 | WARM-UP | 2:00 PM | START 3:00 PM |
| | Saturday June 20 | WARM-UP | 7:30 AM | START 8:30 AM |
| | Saturday June 20 | WARM-UP | 12:30 NOON | START 1:30 PM |
| | Sunday June 21 | WARM-UP | 7:30 AM | START 8:30 AM |
| | Sunday June 21 | WARM-UP | 12:30 NOON | START 1:30 PM |

Facilities: Jack Dunworth Memorial Pool is 50 meters long, 9 lanes. Pool depth is 5' at start and 4' at turn. Stationary starting blocks and non-turbulent lane markers are in place. Colorado Electronic Timing will be used. Separate warm-up pool (diving well) is available during the meet. There is spacious seating space. The competition course has not been certified in accordance with 104.2.2C(4). **THERE IS NO USE OF THE SHALLOW POOL. THE WARM-UP POOL IS OPEN TO SWIMMERS OF THAT SESSION ONLY.**

Eligibility: This DRD Meet is an ABC Meet for all swimmers. All swimmers must be currently registered with United States Swimming. Swimmer's age on June 18, 2010 will determine his/her eligibility for a particular age group.

Deck Entries: Deck entries will be taken if time is available within the Michigan Swimming 4 hour per session maximum time limit and at the discretion of the Meet Director and the Meet Referee. (\$7 per individual event and \$14 for relays). Deck entry swimmers are subject to the Michigan Swimming \$1.00 general surcharge.

Check In: Check-In will be available as of 15 minutes prior to the start of warm-ups for each session and will close 15 minutes after the start of warm-ups. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from **all** events in that session. Also note that pursuant to MS Rules that failing to swim an event after checking in for that event will disqualify a swimmer from his or her next event. Check in will be at the Marshaling table located at the north end of the pool deck area.

Friday: Check-in from 9:30 to 10:00 AM for events 1 and 2.
Check-in from 1:45 to 2:15 PM for events 3-18.
Saturday & Sunday: Check-in from 7:15 to 7:45 AM for morning events.
Check-in from 12:15 to 12:45 AM for afternoon events.

Marshaling: **THIS IS A SELF-MARSHALED MEET. Heat sheets will be posted for each event at the Marshaling table located at the north end of the pool deck area and will be made available for all coaches at the start of each session. When the events are posted on the Marshaling Board and announced, swimmers and their coaches will be responsible for reporting to the starting block for their assigned heat.**

Scratch Rules: **SWIMMERS WHO HAVE NOT CHECKED IN DURING THE TIMES INDICATED ABOVE WILL BE SCRATCHED FROM THAT SESSION'S EVENTS.** Per MS rules, any swimmer who is checked in for an event and fails to report for the swimming of that event without informing the Clerk of Course before the event is marshaled forfeits the right to swim his/her next scheduled event. **COACHES ARE RESPONSIBLE FOR INSTRUCTING THEIR SWIMMERS ACCORDINGLY.**

Admission: \$4.00 per day for persons over age 12. Children 12 and under, with adult, free. Meet Program - \$6.00 (3-day program).

Awards: Individual Awards:
A Times Medals for 1st thru 8th place;
B,C Times Ribbons for 1st thru 8th place;
Relays: Medals for 1st thru 3rd place; ribbons for 4th through 6th place

Coaches must pick up Awards at the end of the meet – they will not be mailed!

Results: Complete meet results will be posted on the Michigan Swimming Website at www.uss-michigan.com, and also on the DRD Website located at www.swimdrd.org (for one week after the meet). Results will also be available (HY-TEK Team results file) by request in scoring at the end of Sunday's afternoon session. Teams must provide their own flash drive.

Concessions: Concessions stand offers assorted foods, beverages, baked goods and vegetable trays and is located at the entrance to the facility. Different Strokes will also be available during the meet. Food, beverages and coolers are not allowed on deck, in locker rooms, or in the spectator area. Swimmers may take plastic water bottles on deck.

Lost & Found: A "Lost & Found" box will be kept at the awards table. Any unclaimed items will be given to charity two weeks after the end of the meet.

Swimming Safety: Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. [The same rules will apply with respect to the warmdown pool and diving well]. Penalties for violating these rules will be in the sole discretion of the meet referee which may include ejection from the meet.

Deck Personnel: Only swimmers, registered coaches and meet officials/workers are allowed in the roped off "on-deck" area. Coaches and officials must display their registration cards at all times. Coaches must be current in all certifications through the final date of the meet.

Swimmers with Disabilities: All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm-ups.

First Aid: First aid is available in the lifeguard's room in the main entrance building.

Facility Items:

- (a) No smoking is allowed in the building or on the grounds of Jack Dunworth Memorial Pool.
- (b) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (c) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the concession area or the restrooms.
- (d) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at Jack Dunworth Memorial Pool.

DRD "FREEZE OR FRY" LONG COURSE MEET
ABC Meet

MEET EVENTS

FRIDAY, JUNE 18, 2010

WARM-UP EVENTS 1 & 2: 9:30 AM EVENTS: 10:15 AM

GIRLS

BOYS

EVENT NO.

EVENT

EVENT NO.

1

OPEN 1500 FREE

2

WARM-UP EVENTS 3-18 2:00 PM EVENTS 3:00 PM

3

10&U 100 FREE

4

5

11-12 100 FREE

6

7

13-14 100 FREE

8

9

OPEN 100 FREE

10

11

10&U 200 IM

12

13

11-12 200 IM

14

15

13-14 400 IM

16

17

OPEN 400 IM

18

DRD "FREEZE OR FRY" LONG COURSE MEET
ABC Meet

MEET EVENTS SATURDAY, JUNE 19, 2010

MORNING WARM-UP: 7:30 AM EVENTS: 8:30 AM

| GIRLS | | BOYS | |
|------------------|------------------|------------------|--|
| <u>EVENT NO.</u> | <u>EVENT</u> | <u>EVENT NO.</u> | |
| 21 | 8&U 50 BACK | 22 | |
| 31 | 8&U 50 FREE | 32 | |
| 23 | 10&U 50 BACK | 24 | |
| 27 | 10&U 100 BREAST | 28 | |
| 33 | 10&U 50 FREE | 34 | |
| 37 | 10&U 100 FLY | 38 | |
| | | | |
| 19 | 11-12 50 BACK | 20 | |
| 25 | 11-12 100 BREAST | 26 | |
| 29 | 11-12 50 FREE | 30 | |
| 35 | 11-12 100 FLY | 36 | |
| 39 | 11-12 200 FREE | 40 | |
| | | | |
| 41 | 12&U 400 M.R. | 42 | |

AFTERNOON WARM-UP: 12:30 NOON EVENTS: 1:30 PM

| | | | |
|----|------------------|----|--|
| 45 | 13-14 200 IM | 46 | |
| 49 | 13-14 200 FREE | 50 | |
| 53 | 13-14 100 BREAST | 54 | |
| 57 | 13-14 200 BACK | 58 | |
| 61 | 13-14 100 FLY | 62 | |
| | | | |
| 43 | OPEN 400 M.R. | 44 | |
| 47 | OPEN 200 IM | 48 | |
| 51 | OPEN 200 FREE | 52 | |
| 55 | OPEN 100 BREAST | 56 | |
| 59 | OPEN 200 BACK | 60 | |
| 63 | OPEN 100 FLY | 64 | |

MEET EVENTS SUNDAY, JUNE 20, 2010

MORNING WARM-UP: 7:30 AM

EVENTS: 8:30 AM

| GIRLS | | BOYS | |
|-------------------------|---------------------|-------------------------|--|
| <u>EVENT NO.</u> | <u>EVENT</u> | <u>EVENT NO.</u> | |
| 69 | 8&U 50 BREAST | 70 | |
| 79 | 8&U 50 FLY | 80 | |
| 65 | 10&U 200 FREE | 66 | |
| 71 | 10&U 50 BREAST | 72 | |
| 75 | 10&U 100 BACK | 76 | |
| 81 | 10&U 50 FLY | 82 | |
| 85 | 10&U 400 FREE REL | 86 | |
| 67 | 11-12 400 FREE | 68 | |
| 73 | 11-12 50 BREAST | 74 | |
| 77 | 11-12 100 BACK | 78 | |
| 83 | 11-12 50 FLY | 84 | |
| 87 | 12&U 400 FREE REL | 88 | |

AFTERNOON WARM-UP: 12:30 NOON

EVENTS: 1:30 PM

| | | | |
|-----|-------------------|-----|--|
| 91 | 13-14 400 FREE | 92 | |
| 95 | 13-14 200 BREAST | 96 | |
| 99 | 13-14 50 FREE | 100 | |
| 103 | 13-14 200 FLY | 104 | |
| 107 | 13-14 100 BACK | 108 | |
| 89 | OPEN 400 FREE REL | 90 | |
| 93 | OPEN 400 FREE | 94 | |
| 97 | OPEN 200 BREAST | 98 | |
| 101 | OPEN 50 FREE | 102 | |
| 105 | OPEN 200 FLY | 106 | |
| 109 | OPEN 100 BACK | 110 | |